

# SEBL POST GRAD LEAGUE



**Dream, Grind, Achieve.**

<http://www.southeasternbaseball.org/>



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# Overview

SEBL Post Grad league is a 9 month program where players develop through practice, games, tournaments, and showcases. The goal of our program is to help players sign with a collegiate team or sign with a professional team after completion of our post grad program at age 21. Most post grad players will receive an offer to play in our SEBL pro league upon the age of 21. While we focus on developing your skills on the baseball field we encourage all of our players to develop off the field as well. Our players typically choose to work or attend school either online or in person. While players can attend any institution online we have connections to help players enroll in area schools such as Fayetteville Tech, Methodist University, Fayetteville State University, and the University of Pembroke which are all within 30 minutes of our host site. A second host site in Greensboro, NC features access within 30 minutes to UNCG, NCA&T, Guilford College, Greensboro College, Winston-Salem State University, Elon University, High Point University, GTCC, and Carolina University. We also offer connections to enrollment for local trade and barber schools.

## Registration Fees

Our registration fees for positional players is \$1000. For two players the fees are \$750. Players who are only pitching are charged \$500. Program fees include access to team uniforms and league events such as games, practices, and team days. Personalized jerseys with name and number on the back are sold separately. Taxes are not included and will be included and shown to all players upon the invoice sent for payment.

## League Jobs

1. Umpiring - Players are paid \$40 in the field and \$60 behind the plat Training is provided and satisfactory performance evaluations are required to remain employed.
2. League Recruiter - This is a remote based position where players are able to recruit other players and sponsors on behalf of SEBL. Training is provided and this position is paid via commissions and bonuses.
3. Coaching - We hire players in multiple coaching positions. These positions include head coach, associate head coach, position coordinator, and base coach. Pay for each position varies. Please contact us for more information.

# Home Field

Our teams are based out of Fayetteville, NC with our home field located at Tom Cope Baseball Park located at 119 Graham St, Red Springs NC. Our field was once home of the Boston Red Sox Single A affiliate team from the 1940s through the 1960s. Our field offers standard amenities including a locker room, batting cage, and concession stand. In addition to our home field we have access to multiple practice locations and fields in Fayetteville, Tar Heel, and Lumberton.

# Competition

SEBL offers players a diverse variety of competition aimed to provide maximum exposure and competition levels to our players. In addition to playing games against in league teams at the professional, post grad, and summer collegiate level we play a host of out of league games. These games include but are not limited to games against summer collegiate leagues including the Coastal Plains League, Tidewater League, and Old North State League. During the spring and fall leagues we play against collegiate teams at the Juco to D2 levels. We also play against post grad, club collegiate, and travel tournament teams. Our teams play in and out of state in states such as Tennessee, Virginia, South Carolina, and Georgia.

# Schedule

Spring Season: Feb 15th - May 1st

Summer Season: May 15th - August 15th

Fall Season: September 1st - October 31st

# Participation Criteria

Players must turn 17 by August 1st of the participating year and must not turn 21 by August 1st of the participating year.

## Projected Teams

All teams will be finalized on or before April 15th of each calendar year.

- Red Springs Air Force
- High Point Bats
- Tar Heel Knights
- Wilson Bruins

## Roster Size

All teams will have no more than 30 players. Teams are limited to 15 positional players and 15 pitchers per roster. Practice squad players can expand rosters to 33 players.

# Housing And Transportation

SEBL recommends that players use our housing lists to sign 3-6 month leases with preferred apartment vendors. While we don't fund housing the typical rent prices per unit are \$1400-\$2000 based on the number of bedrooms in the unit. The rent price is then split per unit. Typically our players stay 4-6 players to a unit lowering the average price to between \$233-\$333 per month. SEBL recommends that players rent units with washer/dryer and utilities included to control costs. While we don't recommend overcrowding units some players choose to stay more than 6 per unit to lower costs. SEBL also recommends that players inquire about potentially staying with family or friends in the area to lower housing and participation costs. Over 30% of our players commute to our host sites from two plus hours away.

SEBL doesn't provide team buses or transportation at this time. However we are working to secure team vehicles in the future. Our players that report to camp with no vehicle need to alert administration so that a logistics plan can be created. This often involves housing players with no vehicle with other players in the same unit that have vehicles. While we often try to house players in units with at least two vehicles we do all we can to house players in units with at least one vehicle.

## SEBL Pro Player Alumni

1. Jackson Hicks - Minnesota Twins Pitcher
2. Dwayne Gerald - Kansas City Royals SS
3. Alex Leija - Idaho Falls Pioneer League Pitcher
4. Zach Lauzon - Southern Illinois Frontier League Pitcher
5. Courtney Mack - Spire City Atlantic League Pitcher
6. Joseph McIntrye - Windy City Frontier League Pitcher
7. Ty Wickline - Charleston Atlantic League Pitcher